

Like us on



Facebook

at

*Luzio & Associates  
Behavioral Services*

*for more  
handouts and  
information on  
depression, anxiety,  
grief, parenting, and  
more.*

*See videos and  
access links that  
offer more  
information on  
mental health.*

*Stay up to date  
with the groups  
offered at our  
agency and with  
the office hours!*

4411 Washington Ave.  
Suite 200  
Evansville, IN 47714  
812-479-1916

Written by:  
Hannah Frederick, USI  
MSW Intern

**At the end of October, we will be moving upstairs to the 3<sup>rd</sup> floor!**

**We will have the same great providers and services, but we will be able to offer more group services, larger rooms for our groups, and a therapy playroom!**

Group Therapy Sessions:

**New! Creative Self-Care Group for Adults – January 2018**

- Plan to use each person's passions and strengths to explore new ways to improve mental and emotional health.

**New! Social Skills Group for Adolescent Boys 11-13yr old – January 2018**

- Focused on development of social skills
- Plan to provide more positive relationships and decrease behavioral issues.
- Goals are to have a better self-image, learn to handle and cope with different challenges in life, and succeed academically.

**Girl Talk Group for Teen Girls – Wednesdays 5:15-6:15pm**

- Safe place for girls to vent about their problems and develop problem solving skills.
- Girls will learn assertive communication skills, improve their self-esteem, and develop healthy coping skills.

**Pre-Teen Girls Group for Girls 11-12yr old – January 2018**

- Focused on self-esteem, positive self-confidence and body image.

For more information on these groups please contact your therapist.