

Girl Power

Girl's Self-Esteem Group Therapy

Middle School Girls

Mondays
5:30pm-6:30pm

Please contact Luzio & Associates at 812-479-1916 to determine if group therapy is appropriate for your daughter.

Please call for cost information, some insurances accepted.



Group therapy provided by a Licensed Social Worker. Group therapy will focus on improving self-esteem and confidence through education on body image and personal health. Girls will be provided with a support system of peers. This group will also help empower young females to embrace their true selves. Your daughter will have fun, meet new people, and build friendships with people their age!