

FALL FUN FOR FAMILIES!



Here are some great ideas for fun fall family activities!

Fall brings cooler weather and beautiful colors! School is in full swing and Fall Break is coming! Fall is also the perfect time to explore all of the local activities going on that celebrate this new season!

Fall Festival

If you are looking for a great way to support local charitable organizations and enjoy some greasy fried foods, then you can't miss the West Side Nut Club's Fall Festival! Fall Festival is the first full week in October and located on Franklin Street on the West Side of Evansville. Don't forget to check out their new unique food options! See the West Side Nut Club's website for more info!

Boo at the Zoo

Mesker Park Zoo in Evansville offers their Halloween event, Boo at the Zoo, the last two weekends in October. You can visit with the animals, while getting to trick-or-treat, a magic show, costume contests, and more! Tickets are \$8/per person. See the zoo website for more information!

Visit a Pumpkin Patch

There are several local pumpkin patches you can visit at a family! These are fun places to visit and play and even bring home a pumpkin of your own if you choose!

Mayes Farm Market

\$12/per person for inflatables, games, activities, wagon ride, corn maze, and more! Pumpkins are \$5 extra.

Goebel Farms

\$10-\$13/per person for a hay ride, barn slide, grain barn, petting zoo, and you get to bring home a pumpkin of your choice from the pumpkin patch.

Holiday World

Visit Holiday World in Santa Claus, IN on weekends in October for Fall fun! They offer haunted houses, corn mazes, hay rides, trick-or-treating and more, in addition to their regular theme-park rides. Cost is \$35 for Sundays and \$45 for Saturdays in October.

Attend local trunk or treat events

October 29: Halloween Stroll and Trunk-or-Treat on Main Street in downtown Evansville from 11am to 2pm

check with local churches for more trunk-or-treat opportunities

Plus..don't forget all the fun activities you can do at home!

- carve a pumpkin
- roast pumpkin seeds
- paint a pumpkin
- watch Halloween movies
- make Halloween or fall crafts
- plant or garden
- bake festive treats
- decorate your home for the season
- take a walk to enjoy the fall colors
- play outside to enjoy the fall weather

What other fall and Halloween events do you enjoy??

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If you are struggling with life stressors that are more than you can handle alone, seek help. Talk to a friend or someone you trust. Call our office or another mental health provider to set an appointment. Do you want you need to do to take care of yourself. You don't have to do this alone.